



TIOGA COUNTY HEALTH DEPARTMENT

1062 State Route 38, PO Box 120

Owego NY 13827-0120

www.tiogacountyny.com

MEDIA RELEASE: TIOGA COUNTY HEALTH DEPARTMENT ADULT FLU CLINIC SCHEDULE

All of our Flu Vaccine is in!! Tioga County Health Department will be starting flu clinics the last week of October. All people are encouraged to get the influenza vaccination, especially those in the following groups:

1. Anyone 50 years of age or older
2. Any adult with chronic medical conditions such as asthma or other lung disease, heart disease, diabetes, kidney disease, or blood disease
3. Any adult who is/may be immunocompromised (including immunosuppression caused by medications or by HIV)
4. Any woman who is pregnant during flu season (November – April).
5. Any resident of a nursing home or other chronic care facility
6. Health Care workers, household contacts and out-of home caregivers of persons at high risk for complication including children under the age of 5 years and adults over 50 years of age
7. All children aged 6 months to 5 years and children receiving long term aspirin therapy are at highest risk of complications from influenza virus infection. However, it is now recommended that all children aged 5 years to 18 years receive a yearly flu vaccination.

*****Parents are advised to seek flu shots for children at their regular medical provider. However, appointments for children will be made at separate times.**

DATE	TIME	LOCATION
Monday, October 27	9:00 a.m. to 11:30 a.m. & 1:00 p.m. to 4:00 p.m.	Waverly Presbyterian Church 459 Park St, Waverly
Wednesday, October 29	9:00 a.m. to 11:30 a.m. & 1:00 p.m. to 4 p.m.	Owego Countryside Comm. Center Sheldon Guiles Blvd.
Monday, November 10	9:00 a.m. to 12:00 p.m.	Newark Valley Fire Station 7151 Route 38
Monday, November 10	1:30 p.m. to 5:00 p.m.	Candor Fire Hall 74 Owego Rd., Candor
Wednesday, November 12	9:00 a.m. to 11:30 a.m.	Waverly Presbyterian Church 459 Park St, Waverly
Monday, November 17	9:00 a.m. to 1:00 p.m.	Owego Countryside Comm. Center Sheldon Guiles Blvd.
Monday, November 17	2:00 p.m. – 3:00 p.m.	Long Meadow Senior Housing Browns Lane Owego
Wednesday, November 19	9:00 a.m. – 10:30 a.m.	Waverly Elizabeth Square 430 Fulton St., Waverly
Wednesday, November 19	11:00 a.m. – 12:00 p.m.	Springview Apartments 80 Spring St., Waverly
Wednesday, November 19	2:30 p.m. – 6:00 p.m.	Tioga County Health Depart 1062 State Rt. 38 Owego
Monday, November 24	8:30 am -11:30 a.m.	Nichols Presbyterian Church Annex 140 South Main Street
Wednesday, December 3	9:00 a.m. – 1:00 p.m.	Tioga County Health Depart 1062 State Rt. 38 Owego
Wednesday, December 10	2:00 p.m. – 5:30 p.m.	Tioga County Health Depart 1062 State Route 38, Owego

*For those people who are on Medicare-- Medicare-Part B will pay for the flu vaccine. Please bring your Medicare card with you.*Contact 687-8600 for more information.

This flu clinic schedule is also available on the Tioga County Health Department's Health Information Line at 1-888-369-0700/687-8694