

SUMMER 2022

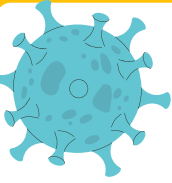
FUN IN THE SUN!

A Guide to:
Activities, Camps, Meal Sites,
Community Events,

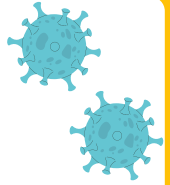
AND MORE!



June 2022



HAVE A COVID SAFE SUMMER!



Spend time outside where there is more space and better ventilation!

Ex: play sports, have a picnic.



Exercise outside by going on a walk, jog, run, or just stretch.



Spend time in nature! Try hiking, mountain biking, or kayaking.



When in crowded indoor areas, distance yourself from others as much as possible.

Wear a mask if you are high-risk for severe infection from COVID-19.



Get your COVID-19 shots and boosters, when eligible. Regularly wash your hands.

STAY UP-TO-DATE ON VACCINES!

Did you know?



To attend school, students must be up-to-date on all routine vaccinations, unless they have a documented medical exemption. Students behind on vaccines are required by New York State Public Health Law to be excluded from school until they are caught up.

Use the summer months to make sure your child is up-to-date on vaccinations. Check with their primary care provider!

CDC Immunization
Schedule Birth-18yrs:



Summer Safety!

Wear a helmet, bright colored clothing, and other protective gear when riding anything with wheels!

Always swim with a buddy! Stay in areas supervised by lifeguards.

Drink lots of water & keep pets hydrated too!



NEVER leave children or pets alone in parked cars, even if the window is open. The temperature inside can be deadly!

Always use at least 15 SPF sunscreen when going outside.

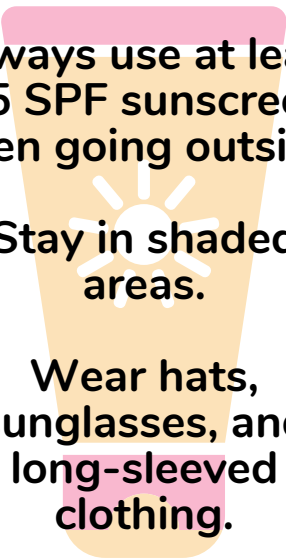
Stay in shaded areas.

Wear hats, sunglasses, and long-sleeved clothing.

Always use bug spray! Mosquito and tick bites can transmit disease.

Check yourself and your pets for ticks.

Stay on trails and avoid areas with leaf litter or tall grass.



Day Camps

Camp Ahwaga

Educational and recreational day camp for children and teens with disabilities. Must be 4-21 years of age. For Tioga County residents or those that attend a Tioga County school district.

607-761-4353
campahwaga.org
campahwaga@gmail.com

Summer Junior Basketball Clinic

Mondays starting
July 11th-August 8th,
3:00pm-4:00pm

Grades K-6th
607-687-0690
tiogabgca.org

Everything "Teen" Group

Baking, walking field trips, arts and crafts, and more!

Wednesdays starting
July 13th-August 10th
4:00pm-5:00pm

Grades 8th-12th
607-687-0690
tiogabgca.org

Waterman Explore

Day camp options for specific age groups with activities tailored to their needs and abilities. Learn about nature through exploration and hands-on activities.

607-625-2221
watermancenter.org/watermanexplore

Joint Summer Recreation Program

Program offers fun, creativity, and physical activities for children in Northern Tioga County.

For more information
Heidi-Lynne Cardone
nvsummerrec@gmail.com

4-Hidden Valley

Camp through Cornell Cooperative Extension of Schuyler County. Open to all youth, ages 6-16. Day and residential camp (for kids 8+ only) options available.

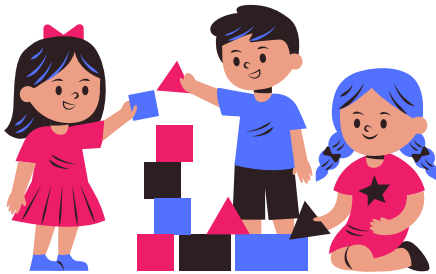
607-535-6812
CCE: 607-687-4020
<http://cceschuyler.org/hidden-valley-4-h-camp>

Day Activities

Family Resource Centers of Tioga County

Family Resource Centers provide free community playgroups, workshops, and events for families and young children to learn, play, and connect with others!

Check out their Summer Programs by visiting...
[Facebook.com/FRCTioga](https://www.facebook.com/FRCTioga) or tioga.cce.cornell.edu



★ Learn... Connect... Be Involved
Family Resource Centers of Tioga County

Tioga County Boys and Girls Club

The Boys and Girls Club offers open gyms, e-games, arts & crafts, movie nights, and Kids in the Kitchen!

Call or visit their website for more information on their summer activities!



BOYS & GIRLS CLUB
of Tioga County

607-687-0690
201 Erie St, Owego
tiogabgca.org

Family Activities

Cardinal
Lanes

Bowling Alley
607-642-8028
24 Watson Ave,
Newark Valley



Owego
Bowl

Bowling Alley
607-687-5631
1404 Taylor Rd,
Owego

Valley
Bowling

Bowling Alley
607-565-9946
13 N. Chemung St,
Waverly

Chuckster's

Mini Golf
607-748-7888
1915 Vestal Pkwy W,
Vestal

DJ's Golf
Center

Mini Golf
607-565-2618
273 County Rd 60,
Chemung

Tioga Downs
Racetrack

Horse Racing
607-699-3901
2384 W River Rd,
Nichols



Tioga
Theater

Movie Theater
607-687-5401
208 Main St,
Owego



Ti-Ahwaga
Community Players

Community Theater
607-687-2130
42 Delphine St,
Owego

Waterman
Center

Environmental
607-625-2221
403 Hilton Rd,
Apalachin

Bement-Billings
Farmstead Museum

Museum
607-642-9516
Route 38,
Newark Valley

Tioga County
Historical Society

Museum
607-687-2460
110 Front St,
Owego



SRAC Archaeological
Center

Museum
607-565-7960
345 Broad St,
Waverly

Owego Gymnastics
& Activity Center

Gymnastics
607-687-2458
748 State Rt 38,
Owego



The Party
Brush

Painting Studio
607-624-4410
186 Front St,
Owego

Side Hill Acres
Goat Farm

Farm Tours
607-659-4121
79 Spencer Rd,
Candor

Programs Outside of Tioga County

Cornell University Cubs Camp

Week-long day camps
for children 4-14. Variety
of sports and activities.

607-255-1200
cornellcamps.com/cubs-camp

SUNY Cortland Sports Camps

A variety of sports
camps on SUNY
Cortland's Campus.

607-753-2739
commerce.cashnet.com/cashnetg/sel/serve/BrowseCatalog.aspx

TC3 Sports Camps

Variety of full or
half-day sports camps!

607-844-8222 ext. 4491
tcpanthers.com/information/sports_camps

Girl Scouts of NYPENN

Day or overnight
camp options!

855-213-8555
gsnypenn.org/

Ross Park Zoo

Offering ZooU online
educational program.

rossparkzoo.org/zoou/

Discovery Center

Day camp options for
different age groups.

607-773-8661
thediscoverycenter.org/summer-camp/

Kopernik Observatory

STEM exploration summer
camps for students entering
grades 2-12.

607-773-8661
kopernik.org/summer-camps/

Roberson Museum

Day camps for students
in grades 2-8.

607-772-0660
roberson.org/education/steam-summer-camp-registration/

Town of Vestal Recreation

A variety of sports and
outdoor recreation camps.

607-754-3368
Vestalny.myrec.com

Cayuga Nature Center

Environmental and
outdoor educational
day camps.

607-273-6260
cayuganaturecenter.org/camp/summer-camp

Primitive Pursuits Camps

Day camps focused on
fostering a lifelong
connection with nature.

607-272-2292 ext. 195
primitivepursuits.com/summer-catalogue-2022/

Mansfield University Camps

Sports and music
camps for students.

570-662-4000
mansfield.edu/camps/index.cfm

Community School of Music & Arts

Camps focused on
visual arts and music!

607-272-1474
csma-ithaca.org/classes-category/summer-camps/



Community Events



Tioga County Fair

August 10th - 13th
Tioga County
Fairgrounds in Owego

Grandstand events, fair
food, and more!
For more information:
www.tiogacofair.com

Blueberry & Book Festival

July 23rd
Berkshire Free
Library

Blueberries, children's
books, and more!
For more information:
www.berkshireny.net/about-2

Newark Valley Summerfest

July 30th
Village Green and
Trout Ponds Park

Duck races, fireworks,
vendors, food, and more!
For more information:
<http://www.newarkvalley.org/>

Candor's Fourth of July Celebration

June 30th - July 4th
McNeil Pavilion/Ball
Field in Candor

Carnival, fireworks,
parade, car show, food
and more!

Spencer Picnic

August 10th - 13th
Nichols Park
NYS RT 34, Spencer

Food, fun, and friends!
For more information:
www.thespencerpicnic.com/home

Concerts in the Park

Every Wednesday
June 29th - August 3rd
Hickories Park, Owego

Listen to local musicians!
For more information:
<https://www.facebook.com/tiogaaarts.council>

Beat the Heat!

Follow these tips to stay
cool this summer!

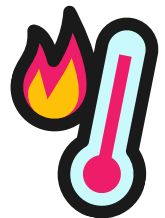
Take frequent breaks from physical activity

Avoid high-energy activities during midday heat



Stay hydrated by drinking water
before you get thirsty

Wear loose, light-colored clothing



Libraries & Cooling Centers

Libraries with stars next to them also serve as cooling centers. Cooling Centers provide air conditioning for community members on hot days!

Apalachin Public Library ★

607-625-3333
719 Main St,
Apalachin

Mon, Tues, Thurs:
10am-7pm
Fri & Sat: 10am-2pm

Waverly Free Library ★

607-565-9341
18 Elizabeth St,
Waverly

Tues: 10am-7pm
Weds-Thurs: 10am-5pm
Fri: 10am-4pm
Sat: 10am-2pm

Spencer Library ★

607-589-4496
41 N Main St,
Spencer

Mon: 9am-2pm
Tues-Fri: 3pm-8pm
Sat: 10am-2pm

Tappan Spaulding Memorial Library ★

607-642-9960
6 Rock St, Newark Valley

Mon & Weds: 1pm-6pm
Tues, Thurs, Sat:
9am-2pm

Candor Free Library ★

607-659-7258
2 Bank St, Candor

Mon, Weds, Fri: 2pm-5pm
Tues & Thurs:
10am-12pm; 2pm-7pm
Sat: 10am-2pm

Coburn Free Library ★

607-687-3520
275 Main St, Owego

Mon, Weds, Fri:
10am-5pm
Tues & Thurs: 2pm-7pm
Sat: 1pm-4pm

Cady Library ★

607-699-3835
42 E River Rd, Nichols

Mon: 2pm-8:30pm
Tues, Weds, Fri:
2pm-5:30pm
Thurs: 2pm-8pm
Sat: 10am-12pm

Berkshire Free Library

607-657-4418
12519 St Rt 38, Berkshire

Tues-Fri: 12-5pm
Sat: 9am-2pm



Signs of Heat Exhaustion



Headache	Dizziness	Irritability	Heavy Sweating
Nausea	Weakness	Thirst	Elevated Temp

Swimming!

Marvin Park Pool

RT 17 C (Main St),
Owego

Open swimming from
12pm-7pm daily.
Adult swimming only
7pm-8pm.

Free Admission!

Greater Owego Community Pool

607-687-6352
1 Sheldon Guile Blvd,
Owego

For more information on
pool hours and
availability:
www.oacsd.org/CommunityConnection.aspx

Tioga Central School Indoor Pool

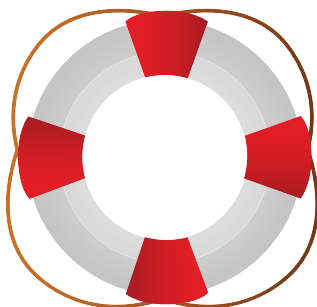
607-687-8001
27 5th Ave, Tioga Center

For more information on
pool hours and
availability:
www.tiogacentral.org/Aquatics.aspx

Park Station Harris Hill Pool

607-739-9164
2 West Beaver
Pond Rd, Erin

Open Mid June through
Mid August
Mon-Fri: 12pm-7pm
Sat & Sun: 11am-7pm



Highland Park Pool

607-786-2970
801 Hooper Rd, Endwell

For more information on
pool hours and
availability:
www.townofunion.com/departments/parks-recreation.html

First Aid, CPR, & Lifeguard Training

If you are interested in getting trained in first aid, CPR, babysitting & childcare, lifeguarding, or AED, visit: www.redcross.org

American Red Cross of the Southern Tier
607-785-7207

**Tioga County
Career Center**

Resume assistance, Adult
Learning Labs, and more!
Call ahead: 607-687-8483
1062 St Rt 38, Owego

Summer Meal Sites

Summer meal sites were not released at the time Fun in the Sun was published.

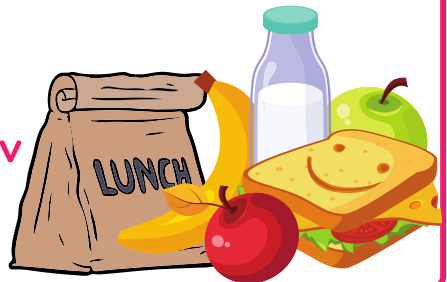
Usually, each school district will have access to at least one meal site.

To be notified of meal site locations, please visit the following websites:

- Like Tioga County Food for Families on Facebook
- Like Rock on Cafe on Facebook or go to <https://www.rockoncafe.org/>

Additional Resources:

- Call the 2-1-1 hotline
- [foodbankst.org](https://www.foodbankst.org)
- ph.tiogacountyny.gov



Tioga County Public Health Summer Events

Rabies Vaccination Clinics

Open to all Tioga
County Residents
for dogs, cats,
and ferrets

**\$10 Suggested
Donation**

**Pre-registration
REQUIRED!**

JULY 17th

Stray Haven
194 Shepard Rd,
Waverly
607-565-2859
Time TBD



SEPT 8th

Rawley Park
13334 NY-38,
Richford,
5:30pm-8:00pm
Pre-register:
[WWW.HEALTH.NY.GO
V/GO2CLINIC/54](http://WWW.HEALTH.NY.GO/V/GO2CLINIC/54)

Tioga County Mobile Dental Van

Will be parked at the HHS Building in
Owego (1062 St Rt 38) for the summer!



**Schedule your
appointment:**

607-972-7552



Visit Our Website & Like Us on Facebook!

@TiogaCountyPublicHealth for other summer
event info, schedule changes, and more

Summer Safety Tips!

607-687-8600
ph.tiogacountyny.gov



Summer Meal Sites

Owego Elementary School

2 Sheldon Guild Blvd, Owego

Tuesday & Thursday
July 6th-August 19th
Pick-Up Times:
10:30am - 12:00pm

Berkshire Community Hall

11 Jewett, Berkshire

Tuesday & Thursday
July 6th-August 19th
Pick-Up Times:
10:30am-12:00pm

Commonground Christian Community Center

28 West Main St, Owego

Tuesday & Thursday
July 6th-August 19th
Pick-Up Times:
10:30am-12:00pm

Owego United Methodist Church

261 Main St, Owego

Tuesday & Thursday
July 6th-August 19th
Pick-Up Times:
10:30am - 12:00pm

West Learning Center

471 Pennsylvania Ave, Apalachin

Tuesday & Thursday
July 6th-August 19th
Pick-Up Times:
10:30am-12:00pm

Newark Valley Middle School

88 Whig St, Newark Valley

Tuesday & Thursday
July 6th-August 19th
Pick-Up Times:
9:00am-10:30am

Richford Town Hall/ Rawley Park

Bowery Lane, Richford

Tuesday & Thursday
July 6th-August 19th
Pick-Up Times:
10:30am-12:00pm

Spencer School District

Meals for summer school students ONLY.



Waverly School District

Delivery to homes ONLY.
Please contact the school for additional details.

Candor School District

Meal pick-up ONLY.
Please contact the school for additional details.

Joint Summer Recreation Program

Newark Valley Middle School
88 Whig St, Newark Valley

Free Meals Daily
June 28th-July 23rd
Breakfast: 8:00am
Lunch: 11:00am

Grab and Go
Tuesday & Thursday
9:00am-10:30am

*For any child in the community birth-18yrs
*You cannot participate in both programs

Tioga Central High School

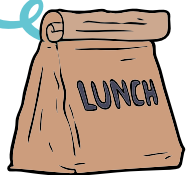
27 Fifth Ave, Tioga Center

June 28th-July 23rd
(no meals on July 5th)
Breakfast: 8:00am-8:30am
Lunch: 10:00am-11:30am

No meals served between 7/24-8/22
August 23rd-September 3rd
Lunch: 10:00am-11:30am

Please note: Changes may occur with meal sites throughout the summer. Visit foodbankst.org or call the 2-1-1 hotline for updates. Like **Tioga County Food for Families** on Facebook and check their page for any meal site changes.





Summer Meal Sites



Tioga Central High School

27 Fifth Ave, Tioga Center

June 28th-July 23rd
(no meals on July 5th)
Breakfast: 8:00am-8:30am
Lunch: 10:00am-11:30am

August 23rd-September 3rd
Lunch: 10:00am-11:30am

Spencer School District

Meals for summer school students ONLY.

Waverly School District

Delivery to homes ONLY.
Please contact the school for additional details.

Candor School District

Meal pick-up ONLY.
Please contact the school for additional details.

There are additional meal sites forthcoming, but the details were not available at the time this was published.

For a completed list and to be notified of meal site updates or changes:

- Like **Tioga County Food for Families** on Facebook
- Visit foodbankst.org
- Visit ph.tiogacountyny.gov
- Call the 2-1-1 hotline

foodbank
of the Southern Tier