

Find Food

***Subject to change, please call ahead**

Berkshire Helping Hands Food Pantry..... (607) 657-8158
Mondays from 6:30pm-7:30pm and Thursdays from 2:00pm-4:00pm
11 Jewett Hill Road, Berkshire, NY 13736

Bread of Life Food Pantry (607) 220-6149
Wednesdays from 3:00pm-5:30pm
1 Water Street, Candor, NY 13743

Lounsberry Food Pantry (607) 687-0442
Second Monday of each month 12:00pm-3:00pm and Third Saturday from
12:00pm-3:00pm
3586 E River Rd, Nichols, NY 13812

Open Door Mission (607) 687-1121
Monday-Wednesday, 8:30am-5:00pm, Thursdays 8:30am-8:00pm;
Friday-Saturday 8:30am-5:00pm
425 North Avenue, Owego, NY 13827

Park Terrace Food Pantry..... (607) 625-4134
Saturdays from 11:00am-1:00pm
30 Glann Road, Apalachin, NY 13732

Project Neighbor of Newark Valley (607) 642-3339
Tuesdays and Thursdays from 3:00pm-4:00pm
79 Whig Street, Newark Valley, NY 13811

Spencer Van Etten Community Food Cupboard (607) 589-6690
Second Thursday of each month from 9:00am-10:30 & Last Thursday of
each month from 9:00am-10:30am.
91 Orchard Street, Spencer, NY 14883

Tioga County Rural Ministry (607) 687-3021
Monday-Thursday from 10:00am-4:00pm and Fridays 10:00am-1:00pm
143 North Avenue, Owego, NY 13827

Tioga Outreach Center - Food Pantry..... (607) 272-5062 ext 307
Tuesday-Friday from 9:00am-12:00pm and 1:00pm-3:00pm
139 Roki Boulevard, Nichols, NY 13812

Valley Food Pantry (570) 888-8826
Monday & Friday 10:00am-12:00pm & Wednesdays from 2:00pm-4:00pm
418 Waverly Street, Waverly, NY 14892

Food Bank of the Southern Tier (607) 796-6061
388 Upper Oakwood Ave., Elmira, NY 14903
To find other local foodbanks visit: <https://www.foodbankst.org/find-food/>



**For more information visit [foodbankst.org](https://www.foodbankst.org)
or call the 2-1-1 hotline.**



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on Facebook for Food Pantry & Meal Site updates!**

