

# Tioga County, NY Executive Summary



2022-2024  
Community  
Health  
Assessment

2022-2024  
Community Health  
Improvement Plan



## Executive Summary

### **The Process**

The 2022-2024 Tioga County Community Health Assessment Update and 2022-2024 Community Health Improvement Plan were developed collaboratively with multiple local agencies including Tioga County Public Health, Tioga Opportunities Inc., Mothers and Babies Perinatal Network, Lourdes-Ascension, and CASA-Trinity. Our Community Health Assessment process started in the Spring of 2022 and commenced at the unveiling of the findings at the Tioga County CHA/CHIP steering committee meeting in August of 2022. Tioga County's Community Health Improvement Plan was completed based on invaluable input and guidance from key Tioga County stakeholders.

### **What are the Prevention Agenda priorities and the disparity you are working on with your community partners including LHD and hospital(s) for 2022-2024 period?**

The choosing of priority areas was a group process. Only after informed discussions and facilitated conversations were the priority areas identified. The areas of: Promote Healthy Women, Infants and Children, Promote Well-Being and Prevent Mental and Substance Use Disorders and Prevent Chronic Diseases were chosen. Disparities addressed in the area of Promoting Healthy Women, Infants, and Children include low-income families and Medicaid enrolled mothers.

### **What data did you review to identify and confirm existing priorities or select new ones?**

Multiple data sources were used when compiling the information presented in the Community Health Assessment. Examples of data sources include, but are not limited to, U.S. Census, County Health Rankings and United States Department of Agriculture. More importantly, the majority of the data was collected through the New York State Department of Health's County Health Indicator Report. Furthermore, data indicators were compared to New York State as a whole, and when applicable, national data. Community insights were a cornerstone of the assessment process. To gather input we deployed the "Community Health Assessment" survey as a means for residents to share their experiences and perceptions as to what impacts their health.



### **Which partners are you working with and what are their roles in the assessment and implementation process? How are you engaging the broad community in these efforts?**

Multiple steering committee meetings provided a forum for community partners and members to learn about the Community Health Assessment findings and in choosing the Prevention Agenda priorities. Moving forward, the Tioga County CHA/CHIP steering committee will serve as the mechanism to bring together multiple community organizations and agencies to the table to review and monitor current interventions and identify new opportunities. In order to engage the community in these efforts, the meetings will be open to the general public to attend.

## **What specific evidence-based interventions/strategies/activities are being implemented to address the specific priorities and the health disparity and how were they selected?**

Interventions were selected at a steering committee meeting held on August 16, 2022. Steering committee members were placed into three small groups based on the priority area their work most closely aligned with. In the small groups, members chose interventions based on the work they are currently doing and/or programs/services they plan on offering in the near future.

### **Summary of interventions:**

#### *Prevent Chronic Diseases*

- Collaborate with local schools and workplaces to implement policies and practices to reduce consumption of sugar sweetened beverages and increase access to opportunities for physical activity.
- Initiate the process of training local school districts in the Coordinated Approach to Childhood Health (CATCH) program.
- Education of elected officials and the community on the importance of Tobacco-free outdoor, tobacco retail environment , smoke-free public housing policies.

#### *Promote Well-Being and Prevent Mental & Substance Use Disorders*

- Increase the availability of medication-assisted treatment (MAT) by implementing programming in the Tioga County jail.
- Teen Intervene programming in Tioga County schools.
- Complete Community Resilience Model (CRM) trainings to help create “trauma-informed” and “resilience-focused” communities.
- Strengthen access and delivery of mental health/suicide prevention care.

#### *Promote Healthy Women, Infants, & Children*

- Integrate oral health messages and evidence-based prevention strategies within community-based programs serving women, infants, and children.
- Increase capacity and competencies of local maternal and infant home visiting programs and engage in collaborative clinical and community-based strategies to reduce sleep-related infant deaths.
- Increase awareness, knowledge, and skills of providers serving children, youth, and families related to social-emotional development, adverse childhood experiences (ACES), and trauma-informed care.

## **How are progress and improvement being tracked to evaluate impact? What process measures are being used?**

It is the responsibility of the steering committee to monitor and assess progress of the 2019-2021 Community Health Improvement Plan. The committee meets on a regular basis and captures intervention progress, identifies hurdles and challenges and, if necessary, develops a plan to address concerns.

Measuring will be completed by review of the family of measures which are routinely reassessed as progress is made. The family of measures includes inputs, outputs and various stages of outcomes. The goal is to see significant advances made in the identifies priorities areas which will be determined by meeting the objectives put forth in the Work Plan.

# Health Report Card for Tioga County



Source: NYSDOH

## Health Behaviors

Indicator	2019 Tioga County CHA	2022 CHA Update
Alcohol Related Motor Vehicle Deaths (Rate per 100,000)	55	40
% Adults who are Current Smokers	22%	20%
% of Adults Binge Drinking During Past Month	19%	27%

## Health Outcomes

Indicator	2019 Tioga County CHA	2022 CHA Update
% Adults Overweight or Obese	70%	62%
% Students Overweight NOT Obese	18%	17%
% Students Obese	17%	20%
Cardiovascular Disease Mortality (Rate per 100,000)	203	185
Age- Adjusted Lung & Bronchus Cancer Incidence	92	100

## Access

Indicator	2019 Tioga County CHA	2022 CHA Update
% of Adults (aged 18-64) with Health Insurance	94%	95%
% of Adults with a Regular Health Care Provider	86%	77%
% of Population Experiencing Food Insecurity	10%	11%

## Maternal & Infant Health

Indicator	2019 Tioga County CHA	2022 CHA Update
% of Births with Early Prenatal Care	74%	76%
% of Births with Adequate Prenatal Care	85%	83%
Infant Mortality (Rate per 1,000)	7	4
% Low Birthweight	6%	7%

## Child & Adolescent

Indicator	2019 Tioga County CHA	2022 CHA Update
% of Children 9-17 months with Lead Screening	48%	58%
% of Medicaid Enrollees (ages 2-20) with At Least 1 Preventive Dental Visit (within year)	42%	45%
Suicide Mortality ages 15-19 Rate per 100,000)	21	11%

## Mortality

Indicator	2019 Tioga County CHA	2022 CHA Update
Years of Potential Life Lost (Rate per 100,000)	7,009	6,505
Cancer Mortality (Rate per 100,000)	128	128
Suicide Mortality (Rate per 100,000)	12	15
Motor Vehicle Mortality (Rate per 100,000)	8	12